

Guide to GP Referrals

Paediatric and Adolescent Breast Service



Introduction

The Paediatric and Adolescent Breast Service is the first of its kind, established in 2019 at St Mary's Hospital to cater to pre-pubertal and pubertal paediatric patients. Pre-pubertal patients are seen in a paediatric surgical clinic by a paediatric surgeon. Pubertal patients are seen in a joint breast clinic with a paediatric surgeon, an adult breast surgeon and a breast radiologist where applicable. This was set up to provide a comprehensive service for children adolescents with breast problems.

The service has been a great success with excellent patient satisfaction. A feedback questionnaire was conducted, showing that 96% of patients would be likely or very likely to recommend the service to friends and family.

Who to refer

Children and adolescents aged under 18 years

Female and Male

Reasons for referral

Patients can be referred to this service if there are any concerns regarding the following:

- Breast Lump
- Breast cyst or abscess
- Gynaecomastia
- Nipple discharge

How to Refer

Referrals should be made to Ms Rees, Consultant Paediatric Surgeon through the ERS referral system. Please login to ERS and search for the Imperial service named **Paediatrics|Paediatric & Adolescent Breast TRIAGE| St Mary's| Imperial NHS Trust|RYJ**.

There is **no need to request an ultrasound** before referral as a scan will be performed in clinic if needed.

Please do not use 2 Week Wait referral form as the likelihood of malignant breast pathology in children is extremely rare and we will see the patient quickly.

Any questions?

You can contact the adolescent breast team via imperial.paediatricsurgery@nhs.net

Alternative formats

This leaflet can be provided on request in large print or easy read, as a sound recording, in Braille or in alternative languages. Please email the communications team:
imperial.communications@nhs.net

Paediatric Surgery
Published: April 2021
Review date: June 2022
Reference no:
© Imperial College Healthcare NHS Trust