



Imperial College Healthcare
NHS Trust

NOSH Menu

2024/2025



HOT Option



COLD Option

The items offered in this menu are only available via the NOSH Team at Imperial.



Smaller Meal Option 1

Chicken in Gravy

Slices of chicken breast served with gravy, potatoes, sliced carrots, and broccoli.



*Condiments are
available - please
ask your ward host*

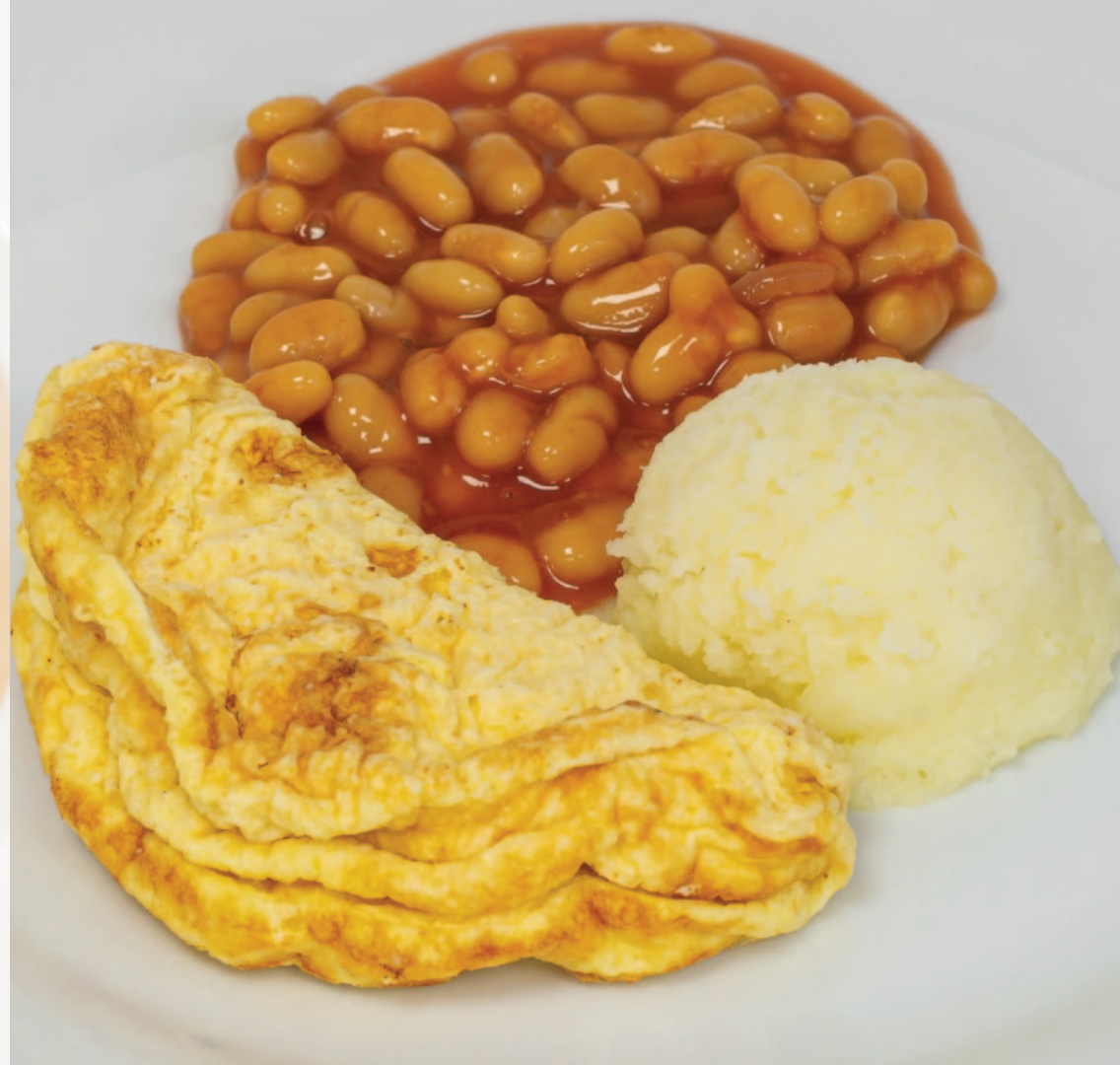




Smaller Meal Option 2 **Fish Fingers**

Four fish fingers served with chips, broccoli and sliced carrots.

Condiments are available - please ask your ward host



Smaller Meal Option 3 **Cheese Omelette**

Cheese omelette served with mashed potato and baked beans.

Condiments are available - please ask your ward host





Finger Food Meal Option 1

Olives

Cheddar cheese cubes

Mini sausage rolls

Chicken goujons

Cherry tomatoes

Cucumber batons

Mayonnaise and tomato sauce dip

Victoria sponge cake slice



Finger Food Meal Option 2

Olives

Cheddar cheese cubes

Free range egg mayonnaise sandwich

Vegetable quiche

Cherry tomatoes

Mayonnaise and tomato sauce dip

Cream chocolate éclair





Finger Food Meal Option 3

Fruit tartlets

Free range egg mayonnaise sandwich

Mini pork pie

Mini sausage rolls

Cheddar cheese cubes

Cherry tomatoes

Cucumber batons

Mayonnaise and tomato sauce dip



Finger Food Meal Option 4

Fruit cocktail

Tuna mayonnaise sandwich

Mini chicken Kiev balls

Mini savoury egg balls (contains pork)

Cheddar cheese cubes

Cherry tomatoes

Cucumber batons

Mayonnaise and tomato sauce dip





Finger Food Meal Option 5

Chocolate mint crèmes
Tuna mayonnaise sandwich
Chicken goujons
Cheddar cheese cubes
Cherry tomatoes
Cucumber batons
Mayonnaise and tomato sauce dip



Bento Snack Box 1 Standard

Double chocolate mini muffin
Galia or Honeydew melon
Mini cheddars
Sultanas and raisins
Mini sultana scone
Chocolate sauce





Bento Snack Box 2 Standard

Double chocolate mini muffin

Fresh mango

Quavers

Mini marshmallows (contains pork gelatine)

Mini flapjack

Chocolate sauce



Bento Snack Box 3 Easy Chew

Jaffa cakes

Fresh mango

Quavers

Mini marshmallows (contains pork gelatine)

Mini jam doughnut

Chocolate sauce





Bento Snack Box 4 Healthy

Rice cakes

Sultanas and raisins

Galia or Honeydew melon

Dried apricots

Fresh mango

Cucumber batons

Cherry tomatoes



