
Why do you need an appointment?

Following your recent outpatient appointment, it is necessary for you to have an operation, before the operation you need to attend a nurse-led pre-operative assessment clinic. If you have more complex medical issues, an anaesthetist may also see you, although not necessarily on the same day.

At the appointment your general health will be assessed before having an anaesthetic and undergoing surgery. This will mean it is less likely to find that your operation is cancelled on the day due to unforeseen complications.

What should you bring?

You need to bring a **list of all the medications that you currently take**, including their strength and how often you take them. If you have any health conditions, please **bring any letters or test results you have that are related to the condition(s)**, as this information can be very helpful for your ongoing care.

What happens during the appointment?

The pre-assessment nurse will ask you a number of questions related to your general health and wellbeing. You may wish to bring someone with you to your appointment if you think this will be helpful to you.

You will also undergo some or all of the following tests and investigations (as applicable):

- recording of your height and weight

- blood pressure / heart rate / respiration / oxygen saturation level
- blood tests
- An ECG (Electrocardiogram) – for recording the rate, rhythm and electrical activity of your heart
- MRSA (Methicillin-resistant Staphylococcus aureus) and CRE (Carbapenemase-producing Enterobacteriaceae) screening

Your appointment should last about 30 minutes. After the appointment, you will be given information about:

- not eating before your operation (as applicable)
- medication advice
- what to expect on the day of admission
- further information about your procedure (where possible)

After your appointment

Once your tests have been completed and you have received all the relevant and required information, you will be able to leave.

The nursing staff will check the results and if there is anything they need to discuss with you, they will contact you directly.

How do I make a comment about my treatment?

If you have any **comments, suggestions or concerns** about your visit, please speak to a member of staff or contact the patient advice and liaison service (**PALS**) on **020 3313 0088**.

You can also email us at pals@imperial.nhs.uk.

Alternatively, you may wish to express your concerns in **writing** to:

Chief executive - Complaints
Imperial College Healthcare NHS Trust
Trust Headquarters
The Bays, South Wharf Road
London W2 1NY

Alternative formats

This leaflet can be provided on request in large print, as a sound recording, in Braille, or in alternative languages.

Please contact the communications team on: **020 3312 5592**.

Pre-operative assessment clinic

**Location: 6th floor,
West Wing,
Charing Cross Hospital**

**Information for patients,
relatives and carers**