



Go to 'My records' on our website at www.imperial.nhs.uk/my-records
Select 'register now'



You can access your personal heath record online through our secure patient portal – the Care Information Exchange.

You can see your test results, hospital appointments and doctor's

letters. You can also enter your own information such as symptoms you are experiencing and medication you are taking to provide a more complete record of your care.

You have the option to share your care record with your family, carers, your GP and other health and care professionals.

'I can show my GP my latest blood test results. It saves time for both of us and we can make decisions about my care quickly.'

David, a patient receiving treatment for type 1 diabetes at two hospitals

How do I sign up?

You can sign up from the 'My records' page on our website. It will take about ten minutes and you will need: your email address, your mobile phone number and a way to prove your identity – this can be a passport, a driving licence, or a European national identity card.

Is my data secure?

Yes, the portal is hosted in the secure NHS network. Your information will only be used by health and care professionals for your direct care.

To register or find out more about the Care Information Exchange, visit www.imperial.nhs.uk/my-records or scan the QR code



The Care Information Exchange was funded by Imperial Health Charity for the benefit of patients in north west London.

