

Endoscopy department

# After your endoscopy (OGD)

## Information for patients, relatives and carers

### Introduction

Today you have had an endoscopic examination of your oesophagus, stomach, the first part of your small bowel (duodenum), (also known as an OGD). You are unlikely to have any serious after-effects but:

- if you have any abdominal discomfort, this is most likely due to the air put in by the doctor during the examination and this effect will not last long.
- if you have a sore throat, this should only be slight and will pass over the next couple of days.

### If you have had sedation

For the next 24 hours, **you must not:**

- drive a car or ride a bicycle/motorcycle (it is considered to be driving under the influence)
- operate machinery
- drink alcohol.

We advise you not to sign any legal or important documents.

You may eat and drink as normal.

### If you have had throat spray

Please do not eat or drink anything until \_\_\_\_\_. We advise you to have any kind of cool drink first to ensure you are swallowing properly.

### Symptoms to watch out for at home

If you develop persistent or worsening abdominal pain, please come to the A&E department immediately.

If you have more minor concerns do not hesitate to contact the nurses on 020 3313 2465 during office hours or contact your GP.

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Out of normal hours, in an emergency, you can also telephone the switchboard of St Mary's Hospital on 020 3312 6666 and asks to speak to the gastroenterology registrar on call.

Endoscopy unit opening hours: Monday to Friday 08.00am –18.00pm

Phone number: 020 3313 2645

The A&E unit is open 24 hours, 020 3312 1234.

## Report and results

The unit will send a copy of your report to your GP the day after your procedure. However, it is our experience that many GP's may not have this report on their system for about 10 days to 2 weeks following your procedure.

Helicobacter pylori results are available to your GP after 24 hours.

## How do I make a comment about my visit?

We aim to provide the best possible service and staff will be happy to answer any of the questions you may have. If you have any **suggestions** or **comments** about your visit, please either speak to a member of staff or contact the patient advice and liaison service (**PALS**) on **020 3312 7777** (10.00 – 16.00, Monday to Friday). You can also email PALS at [imperial.pals@nhs.net](mailto:imperial.pals@nhs.net) The PALS team will listen to your concerns, suggestions or queries and is often able to help solve problems on your behalf.

Alternatively, you may wish to complain by contacting our complaints department:

Complaints department, fourth floor, Salton House, St Mary's Hospital, Praed Street  
London W2 1NY

Email: [ICHC-tr.Complaints@nhs.net](mailto:ICHC-tr.Complaints@nhs.net)

Telephone: **020 3312 1337 / 1349**

## Alternative formats

This leaflet can be provided on request in large print or easy read, as a sound recording, in Braille or in alternative languages. Please email the communications team:  
[imperial.communications@nhs.net](mailto:imperial.communications@nhs.net)

## Wi-fi

Wi-fi is available at our Trust. For more information visit our website: [www.imperial.nhs.uk](http://www.imperial.nhs.uk)