

Emergency department

Sedation advice

Information for patients, relatives and carers

Introduction

We have given you a sedative drug to help with your procedure. Sedative drugs are intended to relax you and make the procedure more comfortable.

You may experience a short period of memory loss during the time the sedation is working. This is normal.

Some medication may interact with the sedative that you are given, which will cause you to be drowsy (sleepy) for longer than usual, especially if you are taking drugs for epilepsy.

As the drug may also impair (affect) your judgement for up to 24 hours, the doctor has advised you to take the following precautions:

Do not:

- drive any type of vehicle. There is a freephone taxi service on the ground floor of St Mary's Hospital
- drink alcohol
- sign any important documents
- operate any machinery or appliances like kettles or cookers
- care for any dependent adults or children without help

Do:

- rest
- drink plenty of fluids and eat a light diet if possible
- have a responsible adult to care for you at home for the first 12 hours after your procedure

After resting at home for 24 hours

If you experience any chest pain or shortness of breath after going home, please contact your nearest A&E department.

Useful emergency contacts

St Mary's Hospital's emergency department

South Wharf Road
London W2 1NY
Telephone 020 3312 6330

Charing Cross Hospital's emergency department

Fulham Palace Road
London W6 8RF
Telephone 020 3311 1005

Hammersmith Hospital's emergency department

Du Cane Road
London W12 0HS
Telephone 020 3313 4691

Eye emergencies (24-hour)

Western Eye Hospital
171 Marylebone Road
London NW1 5YE
Telephone 020 3312 3241

NHS 111

If you have an urgent medical problem and are not sure what to do, call 111 and speak to a fully trained adviser. Available 24 hours a day, seven days a week.

Alcohol liaison nurses

Charing Cross and Hammersmith hospitals: 020 3313 0244
St Mary's Hospital: 020 3312 7663

Drinkline

Free helpline: 0300 123 1110 (weekdays 09.00–20.00, weekends 11.00–16.00)

Sexual health clinic

Jefferiss wing
St Mary's Hospital
Praed Street
London W2 1NY
Telephone: 020 3312 1697 (general enquiries)
020 3312 7583 (sexual health and HIV advice)

How do I make a comment about my visit?

We aim to provide the best possible service and staff will be happy to answer any of the questions you may have. If you have any suggestions or comments about your visit, please either speak to a member of staff or contact the patient advice and liaison service (PALS) on 020 3313 0088 (Charing Cross, Hammersmith and Queen Charlotte's & Chelsea hospitals), or 020 3312 7777 (St Mary's and Western Eye hospitals). You can also email PALS at **imperial.pals@nhs.net** The PALS team will listen to your concerns, suggestions or queries and is often able to help solve problems on your behalf.

Alternatively, you may wish to complain by contacting our complaints department:

Complaints department
Fourth floor
Salton House
St Mary's Hospital
Praed Street
London W2 1NY

Email: ICHC-tr.Complaints@nhs.net

Telephone: 020 3312 1337 / 1349

Alternative formats

This leaflet can be provided on request in large print or easy read, as a sound recording, in Braille or in alternative languages. Please email the communications team: **imperial.communications@nhs.net**

Wi-fi

We have a free wi-fi service for basic filtered browsing and a premium wi-fi service (requiring payment) at each of our five hospitals. Look for WiFiSPARK_FREE or WiFiSPARK_PREMIUM