

Cardiac investigations department – Charing Cross and Hammersmith Hospital

Waller cardiovascular unit – St Mary's Hospital

7-day event recorder

Information for patients, relatives and carers

Introduction

You have been given or sent this leaflet because you are booked in for a procedure to fit a 7-day event recorder to monitor your heart. We hope this information will help you to understand what will happen at your appointment. Please contact your care team if you have any questions or concerns.

What is a 7-day event recorder?

Heart monitors are non-invasive, battery-powered portable devices that record your heart's electrical activity to see any relationship between symptoms and heart rhythm.

What to expect at your appointment

When you arrive for your appointment, we will fit you with a small recording system with a lead connected to it. We will attach both the device and the lead to your chest using stickers.

We will activate your device and explain what to do with it when taking a bath or shower. We will also give you a diary sheet so you can write down any symptoms you experience while wearing the device.

We advise that you:

- wear loose-fitting clothes
- take any medications as normal, unless advised otherwise

After seven days please return the monitor to the appropriate cardiac investigations department:

When will I receive the results?

You will receive the results of your test at your follow-up outpatient appointment. The results will not be sent directly to your GP.

Depending on your results, the physician may recommend further tests.

Cardiac investigations department contact details

If you have any queries please do not hesitate to contact the appropriate cardiac investigations department:

Charing Cross Hospital	Hammersmith Hospital	St Mary's Hospital
Fifth floor Charing Cross Hospital Fulham Palace Road London W6 8RF Telephone: 020 3311 1028	Ground floor, B block Hammersmith Hospital Du Cane Road London W12 0HS Telephone: 020 3313 3951	Waller cardiovascular unit Ground floor Mary Stanford Wing St Mary's Hospital Praed Street London W2 1NY Telephone: 020 3312 1241

How do I make a comment about my visit?

We aim to provide the best possible service and staff will be happy to answer any of the questions you may have. If you have any **suggestions** or **comments** about your visit, please either speak to a member of staff or contact the patient advice and liaison service (**PALS**) on **020 3313 0088** (Charing Cross, Hammersmith and Queen Charlotte's & Chelsea hospitals), or **020 3312 7777** (St Mary's and Western Eye hospitals). You can also email PALS at imperial.pals@nhs.net The PALS team will listen to your concerns, suggestions or queries and is often able to help solve problems on your behalf.

Alternatively, you may wish to complain by contacting our complaints department:

Complaints department, fourth floor, Salton House, St Mary's Hospital, Praed Street
London W2 1NY
Email: ICHC-tr.Complaints@nhs.net
Telephone: **020 3312 1337 / 1349**

Alternative formats

This leaflet can be provided on request in large print or easy read, as a sound recording, in Braille or in alternative languages. Please email the communications team:
imperial.communications@nhs.net

Wi-fi

Wi-fi is available at our Trust. For more information visit our website: www.imperial.nhs.uk