

# Adult audiology

# Your hearing aid fitting appointment Information for patients, relatives and carers

## Introduction

This leaflet explains what will happen when you come to the hospital for a hearing aid fitting. The purpose of this appointment is to program your new hearing aid(s) to your hearing levels and show you how to use and maintain them.

This appointment will usually take place after a hearing or tinnitus assessment appointment, or an ear, nose and throat (ENT) appointment if it was agreed that you would benefit from trying hearing aids.

# Before the appointment

## Please let us know if you need an interpreter for this appointment.

Please make sure your ears are clear of wax, to allow us to complete the procedures. Ask your GP or practice nurse to check your ears if you think wax may be present.

## How long is the appointment?

The appointment will last approximately 30-60 minutes, depending on your hearing loss and requirements.

# What do I need to bring?

If you already wear hearing aids, please bring them with you.

# What will happen at the appointment?

You will see an audiologist who will review the difficulties you are having with your hearing. Your hearing aids will then be fitted by carrying out the following procedure:

- the hearing aids will be measured to your ears and we will check they fit comfortably
- your latest hearing test results will be used to create a computer prescription, and the hearing aids will be programmed accordingly
- depending on your hearing loss and individual concerns, the audiologist may perform further tests to fine-tune the hearing aids
- simple checks will be carried out to ensure that the sound is comfortable for you
- we will show you how to use and maintain the hearing aids and give you full written instructions

Please note that it takes time to become used to new hearing aids so they may sound strange at first until your brain adapts to the change. Wearing the hearing aids regularly will help you get used to them more quickly.

## What will happen after the appointment?

You will be booked a follow-up appointment within 6-8 weeks (either face-to-face or on the telephone) to see how you are getting on with the hearing aids. We can resolve possible issues and answer any questions you may have.

After this appointment, you can contact the audiology department to arrange for hearing aid batteries or spare parts to be posted to you.

If your hearing aids need to be repaired you can post them to us.

You can also arrange an appointment to see a clinician if you need the settings changed.

## Contact details

#### **Charing Cross Hospital**

Adult audiology department 1<sup>st</sup> floor, south wing Fulham Palace Road Hammersmith W6 8RF

Tel: 020 3311 1021

Email: audiology.imperial@nhs.net

#### **St Mary Abbots Hearing Aid Centre**

Marloes Road 2 Beatrice Place Kensington W8 5LW

Tel: 020 3315 6011

#### St Mary's Hospital

Adult audiology department Basement, Mary Stanford Wing Praed Street London W2 1NY

Tel: 020 3312 1015

Email:

ichc-tr.imperialaudiologystmarys@nhs.net

## How to find adult audiology

At Charing Cross Hospital we are on the first floor of the south wing

In St Mary's Hospital we are in the basement of the Mary Stanford Wing
If you need **hospital transport**, please call **020 3311 5353** for an eligibility check.

Unfortunately hospital transport is not available for St Mary Abbots Hearing Aid Centre.

## How do I make a comment about my visit?

We aim to provide the best possible service and staff will be happy to answer any of the questions you may have. If you have any **suggestions** or **comments** about your visit, please either speak to a member of staff or contact the patient advice and liaison service (**PALS**) on **020 3312 7777** (10.00 – 16.00, Monday to Friday). You can also email PALS at imperial.pals@nhs.net The PALS team will listen to your concerns, suggestions or queries and is often able to help solve problems on your behalf.

Alternatively, you may wish to complain by contacting our complaints department:

Complaints department, fourth floor, Salton House, St Mary's Hospital, Praed Street London W2 1NY

Email: ICHC-tr.Complaints@nhs.net

Telephone: 020 3312 1337 / 1349

## Alternative formats

This leaflet can be provided on request in large print or easy read, as a sound recording, in Braille or in alternative languages. Please email the communications team: <a href="mailto:imperial.communications@nhs.net">imperial.communications@nhs.net</a>

### Wi-fi

Wi-fi is available at our Trust. For more information visit our website: www.imperial.nhs.uk

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