# **Imperial GP Education and Training Event** 28<sup>th</sup> September 2017

# **Transformation of Care for Children and Young People with asthma** "Ask About Asthma" Campaign and Health Passport

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Supported by and delivering for:





SUPPORTED BY

London's NHS organisations include all of London's CCGs, NHS England and Health Education England

## **Asthma Programme Background**



#### The key drivers for this work:

- NHS Five Year Forward View
- Five Year Forward View for Mental Health
- Urgent and Emergency Care Review
- Better Health for London report
- National Review of Asthma Deaths



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The case for change to improve London's Asthma services for children and Young People: It has long been recognised across the capital, that sometimes care falls short in providing safe and effective access, care and treatment for children and young people with asthma.

- > There are more than 200,000 children and young people with asthma in London
- > One in three children in average class has asthma
- > It is one of the top three causes of admission to hospital. **75%** of these admissions are **avoidable**;
- Around 12 children die of asthma in London each year, and 90% of these deaths are preventable

Healthy London Partnership's Children and Young People's Programme in partnership with stakeholders has developed **London's Asthma Ambitions** and **London's Asthma Standards**.

Extensive engagement has taken place across the system to develop the standards.



#### What do children, young people and families think?



## Why do we need to do this?

## London has a **high rate** of asthma-related emergency admissions for children. 75% are preventable



#### The Ella Roberta story

#### https://app.box.com/s/h0sfrrmdczgcu9tk3fuweryugb2ghi7a



Doctors missed 11 chances to treat boy, nine, before he died of asthma, coroner hears

Inquest into death of Michael Uriely hears boy died five days after being discharged from hospital for second time



Michael Uriely collapsed in the early hours of 25 August and never regained consciousness. Photograph: Family





# The system needs to learn from Michael

- Diagnosed aged 2 ½
- Condition worsened 2014-needed 6 courses prednisolone
- 7 months prior to his death asthma uncontrolled

## **Missed opportunities**

- No co-ordinating record
- No appreciation of underlying severity or risk factors or deteriorating nature of his condition
- No single clinician with overall responsibility
- No coherent management plan or PAAP
- Not referred to specialist respiratory paediatrician
- Assessment and management of his condition not in accordance with BTS/SIGN guidelines
- No effective communication between primary and secondary care

https://www.judiciary.gov.uk/wp-content/uploads/2017/03/Uriely-2017-0069\_Redacted.pdf

nine, before he died of asthma, coroner hears

ctors missed 11 chances to treat boy



# London Picture

- Low Prevalence on registers
- Too many deaths
- Too many admissions
- Variation in care
- Inconsistent messages

Area	Value	Lower	Upper Cl
England	198.6	H 196.	2 201.1
London NHS region	190.9*	-	-
NHS Barking And Dagenha	242.7	206.	0 284.0
NHS Barnet CCG	103.9	H 84.	4 126.7
NHS Bexley CCG	170.4	137.	9 208.3
NHS Brent CCG	230.6	199.	0 265.7
NHS Bromley CCG	163.1	H 135.	8 194.3
NHS Camden CCG	168.0	132.	6 209.9
NHS Central London (Wes	113.2	80.	1 155.3
NHS City And Hackney CC	185.6	155.	0 220.6
NHS Croydon CCG	282.9	250.	3 318.6
NHS Ealing CCG	203.8	<u>⊢</u> 176.	4 234.3
NHS Enfield CCG	165.8	139.	4 195.6
NHS Greenwich CCG	306.9	267.	2 350.8
NHS Hammersmith And Ful	111.6	80.	7 150.3
NHS Haringey CCG	162.3	133.	0 196.1
NHS Harrow CCG	189.3	156.	0 227.5
NHS Havering CCG	157.8	127.	8 192.7
NHS Hillingdon CCG	167.8	H 139.	3 200.3
NHS Hounslow CCG	139.0	112.	7 169.5
NHS Islington CCG	219.2	176.	7 268.9
NHS Kingston CCG	140.3 H	107.	8 179.5
NHS Lambeth CCG	270.6	234.	1 311.1
NHS Lewisham CCG	285.8	248.	2 327.5
NHS Merton CCG	177.4	<u>⊢</u> 142.	3 218.6
NHS Newham CCG	219.2	H 190.	4 251.0
NHS Redbridge CCG	217.0	H 185.	5 252.3
NHS Richmond CCG	135.1	104.	3 172.2
NHS Southwark CCG	217.6	183.	3 256.5
NHS Sutton CCG	113.5	- 84.	5 149.2
NHS Tower Hamlets CCG	220.9	186.	7 259.5
NHS Waltham Forest CCG	178.8	H 149.	3 212.4
NHS Wandsworth CCG	124.9		7 153.2
NHS West London (K&C &	135.9	103.	2 175.6

Source: Hospital Episode Statistics (HES). Copyright © 2016, Re-used with the permission of NHS Digital. All rights

Numbers of emergency admissions per 100,000 showing England and London benchmarks

Indicator Asthma admissions per 100	Period 2010/11		England	London NHS region	60 NHS Barking And Dagenham CCG	0.1 NHS Barnet CCG	NHS Bexley CCG	3.47	6. NHS Bromley CCG	NHS Camden CCG	NHS Central London (Westminster)	VHS City And Hackney CCG	0.00 NHS Croydon CCG	NHS Ealing CCG	NHS Emfreid CCG	NHS Greenwich CCG	818 NHS Hammersmith And Fulham CCG	2 NHS Haringey CCG	NHS Harrow CCG	2.1 NHS Havering CCG	2.50	NHS Hounslow CCG	2.55 NHS Islington CCG	NHS Kingston CCG	05 NHS Lambeth CCG	NHS Lewisham CCG	2.22 NHS Merton CCG	88°C NHS Newham CCG	NHS Redbridge CCG	NHS Richmond CCG	288 NHS Southwark CCG	POR NHS Sufton CCG	8 NHS Tower Hamlets CCG	8.13 NHS Wattham Forest CCG	2 NHS Wandsworth CCG	% NHS West London (K&C & QPP) CCG
patients on disease register	2010/1	-0.0		2.00							_,																									
Emergency asthma admissions per 100 patients on disease register	2010/1		1.83	2.26*	2.95	1.82	0.98	3.12	1.17	2.29	1.88	2.70	2.48	3.67	1.76	1.52	2.64	2.07	1.89	1.53	2.22	2.45	2.34	1.81	2.18	1.97	1.87	3.62	2.85	1.73	2.54	1.66	2.18	3.03	1.98	2.53

#### Prevalence

# NWL picture

Asthma admissions per 100,000 (<18y): 2014/15 300 250 200 150 100 50 0 cl.Westm Janin & Ful Westland Ealins Hillnedon Houndlow Brent Harrow CCG CFV stp London \_\_\_\_England

Asthma admissions per 100,000 (age 3-18y): 2014/15



NWL	Emergency Admission rate per 100,000 population							
CCG Area	2012/13	2013/14	2014/15	2015/16				
NHS Brent CCG	220	272	220	231				
NHS Ealing CCG	287	256	210	204				
NHS Hammersmith and Fulham CCG	157	112	113	112				
NHS Harrow CCG	274	260	254	189				
NHS Hillingdon CCG	149	149	202	168				
NHS Hounslow CCG	157	156	154	139				
NHS Kensington and Chelsea CCG	135	155	121	136				
NHS Westminster CCG	139	120	120	113				

Numbers of emergency admissions per 100,000 showing England and London benchmarks

#### London Programme: Transforming the pathway through Improved co-ordinated care ambitions and standards for asthma care in CYP



## **On-line Asthma Toolkit**

#### Support across the system to improve asthma care

https://www.healthylondon.org/children-and-young-people/london-asthma-toolkit

#### London Asthma Toolkit

Better care across the system for children and young people with asthma.



Endorsed by: Royal College of GPs Royal College of Physicians

#### Overarching asthma toolkit film: https://www.youtube.com/watch?v=ikdAB9qyk9U

Hospital care: https://www.youtube.com/watch?v=UK8wHN0sdJ0

Schools:

https://www.youtube.com/watch?v=blb80lOjoO8

**Pharmacy:** https://www.youtube.com/watch?v=kCAzCmI-R\_k

Primary and community care: https://www.youtube.com/watch?v=A2iNQE7utRE

Parents and carers: https://www.youtube.com/watch?v=iNPSFal0OIM





#### **Self Care: Parents and Carers**





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o Film

Asthma education and esources

of this section

Prevention and triggers

Using asthma inhalers

What to do if your child is

naving an asthma attack

Download a printable version

#### Managing your child's asthma

It is important that you and your child understand asthma and the medicines prescribed to help control it. You may need to help your child make any necessary changes to their lifestyle.

#### Asthma reviews

All children and young people with asthma should have at least a yearly review, which is usually carried out either by their GP or practice nurse. An asthma review may also be done in hospital if your child is known to the asthma or allergy service. A review should also be held after every asthma attack to check whether changes are needed to their medication or care as an asthma attack is a sign that your child's condition may not be controlled

#### Solution with the second secon is controlled.

- The 'Asthma and you' website will ask questions about your child's asthma will give you a score.
- Parents and carers of children aged four to 11 can also use the Child Asthma Control Test. It also provides a score so you can see how well your child's asthma is controlled.

If your child can do peak expiratory flow measurements then you can also monitor their asthma control by using a peak flow diary

Go to the Asthma UK website to find out more about peak flow diaries.

Film: https://youtu.be/iNPSFal0OIM





#### **Primary and Community Care**





- Access to management plans
- How to manage an acute exacerbation
- Red flags to look for



- London Asthma Toolkit
- Back to Primary and
- Assessment and managment
- Audit
  Business cases
- Evidence and resources
- Film
- Film
- E Referral
- Review
- Workforce primary and community care

#### Diagnosis

Information about how to identify and diagnose asthma and the tests expected

Asthma exacerbations can be classified as mild, moderate, severe, or life threatening. In the ambulatory, urgent care and emergency department settings, the treatment goals are correction of severe hypoxemia, radiot everycais of airflow obstruction and preventing relasse.

#### A useful quick reference guide to diagnosis and management: British guideline on the management of asthma

There is a need to improve asthma identification and access to treatment to improve quality of life for patients. However, diagnosis is difficult as there is no single diagnostic test, but it should be in line with BTS/sing nujdelines.

Spirometry is recommended for adults, but this is less useful in children, although new diaft NICE guidance may suggest its use and that of Fractional exhaled Nitric coxide (FeNO). If this happens there will be a need to commission education to uspikil the primary care workforce in a similar way to the commissioning of training for spirometry for COPD and consider ways to ensure there is quality assurance of any future services.

#### Which diagnostic tests are expected?

It will be important for commissioners to ensure that their local services include the following:

Detailed relevant family and personal medical history recorded in notes:

Two weeks of peak flows
Document variable airflow obstruction

- Useful guidance on how you can aid diagnosis in the community
- What you are looking for in a child with symptoms of wheeze.

## SystmOne Template

X Asthma - NWL v3.0	allow a 'n they be	to New Yours					X
Diagnosis Measuremer	nts Lifestyle Medication R	eview Plan (inc. AsthmaUK)	Data entry QuickQOF Feed	ack			
Asthma Diagnosis	QoF - AST001						
presence of symptoms representing reversibil	with demonstrable variable lity or spontaneous variability					8	
24 May 2005 Asthma (	(H33)	QOF 🖕	Asthma diagnosis	Ψ.		Y	
			Occupational asthma	-		<b>v</b>	
15 Dec 2005 H/O: drug 15 Dec 2005 H/O: drug 21 Sep 2006 H/O: drug 21 Sep 2006 H/O: drug	g allergy (14L) g allergy (14L)	A III	Allergic rhinitis (XEOY5) Allergic (intrinsic) eczema Food allergy (Xa1aX) Latex allergy (Xa7IR) Allergic urticaria (XE1BR) Allergic reaction to substa			T	
NICE & BTS/SIGN recomme	-	sed on clinical likelihood of As	sthma				
High probability	Diagnosis of asthma likely	Give trial of asthma treatmer	nt 🚦 New Acute				
Intermediate probability	Diagnosis uncertain	Follow age related algorithm	Launch NICE: Asthma manag	jement a	gorithm		
Low probability	Other diagnosis likely	Consider referral criteria	🙏 Launch NICE: Asthma referm	al criteria			
If patient has reversible ar	nd fixed obstruction then reco	d Asthma and COPD	COPD - NWL CCGs v 2.0				
Especially in children, alte	rnative diagnoses should be	considered if diagnostic	BTS/SIGN: Clues to alternativ	re diagno	ses -childr	en	
Family history							
NWL CCGs - Family histo	ry Asthma view has no data	for patient	FH:	Asthma	(12H1.) (12D2.) er (12D4.) (12R)	•	Show recordings from other templates
			Next				Show empty recordings

https://www.healthylondon.org/sites/default/files/System%20One%20asth ma%20template.docx

Prevalence finder being tested in Hammersmith and Fulham

#### **Guides for Schools**

# London Asthma Toolkit C Back to toolkit home Back to Schools C Evidence Resources Film Presentations for teaching

1 Workforce

#### Asthma friendly schools

The asthma friendly schools programme sets out clear, effective partnership arrangements between health, education and local authorities for managing children and young people with asthma at primary and secondary schools.

The asthma friendly schools programme will help you to meet standards 11, 17, 18, 39.

This includes the adoption of government policy on emergency inhalers and early years settings, such as:

- Children's centres having access to education programmes for the wheezers.
  Children and young people have an individual healthcare /action plan in place.
- It also means that schools should have the following in place:
- 1. Register of all children and young people with asthma.
- 2. Management plan for each child.
- 3. Named individual responsible for asthma in each school.
- 4. Policy for inhaler techniques and care of the children and young people with asthma.
- 5. Policy regarding emergency treatment.

System for identifying children who are missing school because of their asthma or who are not partaking in sports or other activities due to poor control.

#### Make yours an asthma friendly school

A range of helpful resources including the asthma friendly schools business proposal, schools service specifications and a job description for paediatric asthma nurse are available:

#### Film: https://youtu.be/blb80lOjoO8

#### London schools' guide for the care of children and young people with asthma





London Asthma Toolkit

🗲 Back to toolkit home

Asthma friendly schools

Eack to Schools

Q Evidence

Resources

🖸 Film

Workforce

Presentations for teaching

Sample presentations to support teacher training for asthma care

NHS

NHS Whittington and NHS Islington have shared sample slides used for briefing students and to support teacher training for asthma care.

Assembly for students

- Training for teachers
- Islington: Drugs wise Year 2,3 and 4 lesson presentation
- Asthma Friendly School presentation







tudents.pptx Training for teachers.pptx

and 4 lesson presentation.pdf presentation.ppt

## Long term conditions in school policies for CYP

#### NHS

# Children and young people diabetes

A London guide for teachers and parents of children and young people with diabetes: pre-school, early years, primary and secondary schools



#### NHS

London schools' guide for the care of children and young people with asthma

Pre-school, primary and secondary school years



#### London epilepsy guide for schools Improving care for

children and young people with epilepsy



#### https://www.healthylondon.org/children-and-young-people/resources

NHS

## What's on the toolkit for pharmacists?

- Asthma pharmacy learning hub with free on line inhaler technique training
- Adherence and Medicines Use Reviews
- Pharmacy urgent repeat medication service
- Flu and immunisations
- <u>Audit and case studies</u>
- Pharmacy public health campaign summarised in next slide







#### Commissioners

#### In the toolkit you will find examples of:

- Business cases
- <u>CQUINs</u>
- Pathways
- <u>Service Specifications</u>
- Job Descriptions



#### **Impact across London**

#### Strategy and Transformation: Strategic Planning Groups



## Impact across London (feedback)

Generated more **Asthma CNS posts** and respiratory support resources across the capital (950 job description downloads)

'The focus on asthma standards in London is critical to improving outcomes for children. As a direct response to this work St Georges, with help from Wandsworth CCG, have developed an asthma programme to meet these needs including the **recruitment of 4 additional asthma nurses, along** with dedicated psychology and physiotherapy time'.

Consultant asthma lead SGH



Tuesday at 23:41 · Like · Reply · 🕑 1

'The HLP Asthma toolkit has been the foundation of a recent series of **Pan** Barnet( CEPN ) Community Educational Provider Network (multi collaborative learning group) collaborative teaching on childhood asthma. Involving 9 locality based sessions a cross Barnet involving GPs. Practice Nurses, Community and Practice pharmacist, secondary care paed clinicians, physiotherapists, HLP leads and resp specialist nurses. As a result of the training and collaboration. Barnet GPs are using the EMIS asthma template, and the CCG is considering funding a CCG Paeds **Respiratory Nurse**.'

**GP** Commissioner Barnett

#### Nurse led Asthma Friendly Schools project resulted in 1642 downloads of resources for schools and others looking to undertake similar projects

'I'm very happy to say that the support and resources from the asthma toolkit, together with the London Asthma Standards have inspired our team to develop our services, and provided clout when working with our local CCG to get appropriate services commissioned.'

#### Consultant paediatrician Hillingdon Hospital

'London Asthma Standards & toolkit have empowered us further to launch our Asthma Friendly School Certificate and we have 70 people from schools attending training session next week also beginning to link with Ealing' Hillingdon Asthma CNS



Transforming London's health and care together

#### **#AskAboutAsthma campaign** 11<sup>th</sup>-24<sup>th</sup> September



Boho

- Organisations are being asked to • pledge to **implement the asthma** standards and the asthma ambitions for London
- They are also being asked to **pledge** • to reduce their impact on air **pollution** as a major trigger of asthma
  - Three key messages

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- Asthma management plan .
  - Effective inhaler use
  - Annual review

801,864 young people (age <25) in and around the London area saw the #AskAboutAsthma content promoted by us across Facebook and Instagram in 24 hours!



NHS Parents Ask your Ask GP for an asthma About management plan to help manage Asthma your child's asthma Healthy London #AskAboutAsthma London's ambitions for asthma care for children and young people Ambition Number One "I will be supported to manage my own asthma so I can live a life free of symptoms"

NHS

### Ask About Asthma



# #AskAboutAsthma

Help support children and young people with asthma by making a #MyAsthmaPledge Small steps improve lives - every child and young person with asthma should

have an asthma management plan
 know how to use their inhalers correctly
 has an annual asthma review

www.healthylondon.org/ask-about-asthma



https://www.healthylondon.org/children-and-young-people/ ask-about-asthma



We are committed to improving the care of children and young people with asthma. When you see a clinician here today:

- ASK for an asthma management plan
- · ASK about how to use your inhaler correctly
- ASK for an annual asthma review
- · ASK about self help or use the asthma toolkit



www.healthylondon.org/children-and-young-people/london-asthma-toolkit



## Support to NHS trusts to reduce their air pollution

#### 1 1 State St

#### Toolkit for NHS trusts: supporting the NHS to reduce its impact on air pollution

Case Studies and Examples to support Trusts to reduce their impact on air pollution

August 2017	
upported by and delivering for:	
	SUPPORTED BY
Public Health England	MAYOR OF LONDON



#### Three types of interventions described:

#### Ideas that are free to implement

- Encouraging staff and patients to walk/take public transport
- Encouraging use of car pools
- Using volunteers to reduce engine idling outside premises
- Demonstrating support for Mayor's air quality strategy

#### Ideas which can save an organisation money

- Reviewing products purchased
- Encouraging bulk deliveries
- Reducing waste
- Supporting the "circular economy"

# Ideas which may cost money (potentially funded through trust charity funds)

- Planting nitrogen fixing plants/green wall
- Use air quality sensors
- Clean air benches
- Pollution-reducing paint

#### Download the Toolkit for NHS Trusts.

## **Organisations signed up (as at 6th Sept 2017)**





- Health Passport
- NHSGo

Transforming London's health and care together

## **Secure Access (Finger Print / Passcode)**

Health passport for asthma prototype testing phase



Looking to working with the national Professional Standards Review Body (PRSB) to develop the coding required to help with future systemwide interoperability

## **Animated Onboarding / Social Login**



#### **Frictionless Access to the Emergency Plan**



## **Swipeable Asthma Action Plan**



## Health Tracker (PROM data, Animated Timeline)



## Health Hacks (NHSGO and YouTube in App)



## NHSGo

#### NHSGo designed for young people by young people



#### **Key Statistics**

#### 3 sections:

- Health, services, your rights
- Validated information direct from NHS Choices
- London services from MiDoS system
- No personal data stored
- Designed by CYP
- Free and confidential

- Launched July 2016
- ➤ 53,000 downloads
- > 500,000 screen views
- Most popular sections mental health (depression/anxiety) and sexual health
- > 16,000 likes on the NHSGo Facebook page
- Winner 'Championing the Public' category at PEN National Awards 2016
- Nominated in Nursing Times Awards and Positive Practice in Mental Health Awards 2017

- Free online learning
- Testing Asthma dashboard in NWL
- Development of review templates for EMIS Systm One and Vision
- Piloting and validation of Asthma prevalence finder
- Testing of Health passport first phase
- Health passport for asthma launch
- To work NWL and the national Professional Standards Review Body (PRSB) to develop the asthma coding required to help with future system-wide interoperability

#### Data

- Emergency admissions for asthma
- PICU admissions
- Deaths
- PROMS

## **Local support**

#### Event November 1<sup>st</sup> Hammersmith and Fulham



Audit help from Mark levy in Harrow CCG

Understanding childhood asthma in London https://www.healthylondon. org/children-and-youngpeople/asthma-audit

NWL asthma network

Itchy Sneezy Wheezy

#### **Overarching primary care document**

https://www.healthylondon.org/sites/default/files/u102092/019988%20-%20Asthma%20Toolkit%20Primary%20Care%201%201%20RB.pdf

#### Assessment and management

https://www.healthylondon.org/children-and-young-people/london-asthma-toolkit/primary-andcommunity-care/assessment-and-managment

#### **Reviews and ACT**

https://www.healthylondon.org/children-and-young-people/london-asthma-toolkit/primary-andcommunity-care/review

#### Useful e learning For healthcare professionals

http://www.e-lfh.org.uk/programmes/asthma/

http://www.severeasthmaonline.co.uk/

https://ukiginhalerstandards.educationforhealth.org/

#### For pharmacists

https://www.healthylondon.org/children-and-young-people/london-asthma-toolkit/pharmacy/asthmalearning-hub

#### For schools and non-healthcare professionals

http://www.supportingchildrenshealth.org/

## For further info contact

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