

#### **Genomic Medicine**

# An update on the current state of play within the UK

#### **James Wingfield**

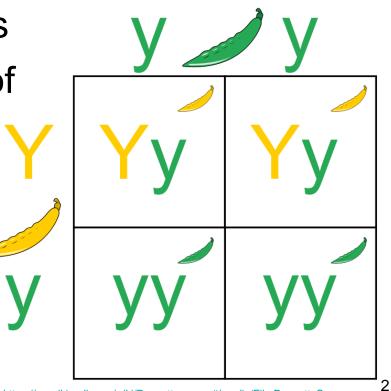
Genomic and personalised medicine

# **Genetics Vs Genomics**



<u>Genetics</u>

- The study of heredity
- The study of the function and composition of single genes
- 'Gene': specific sequence of DNA that codes for a functional molecule



# **Genetics Vs Genomics**



#### <u>Genomics</u>

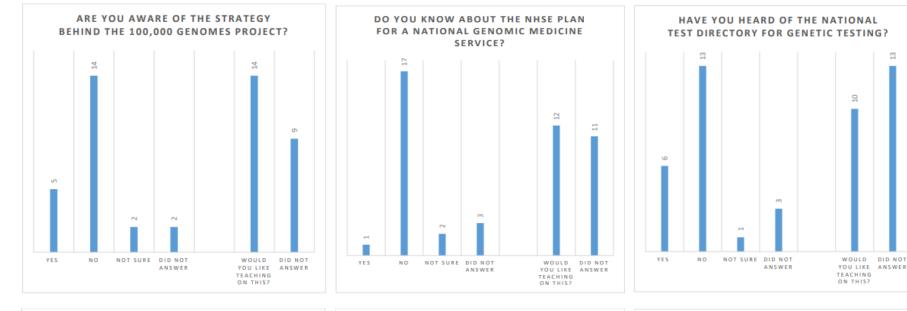
- The study of an organisms complete set of genetic information
- The genome includes both genes (coding) and non-coding DNA
- 'Genome': the complete genetic information of an organism



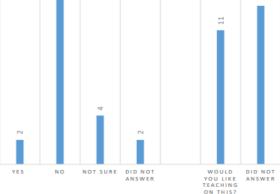
https://www.scripps.edu/science-and-medicine/translational-institute/translationalresearch/genomic-medicine/index.html

# **GP Genomics Survey**

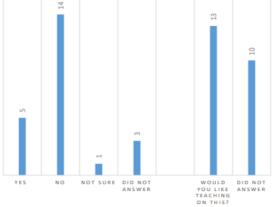




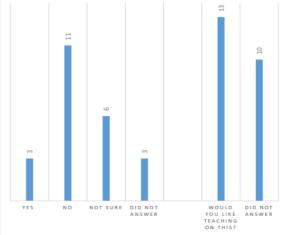




WOULD YOU FEEL COMFORTABLE DISCUSSING GENOMICS AND PERSONALISED MEDICINE WITH A PATIENT IN PRIMARY CARE?

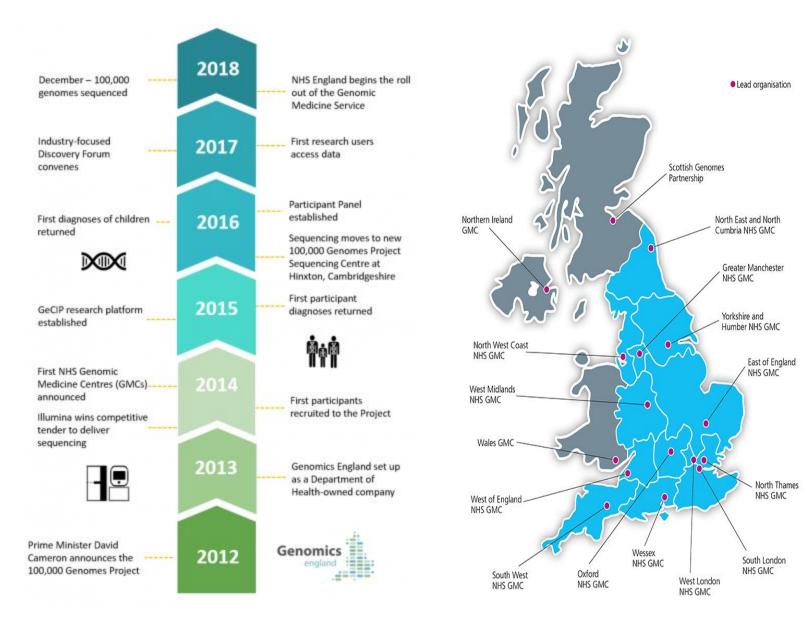


#### DO YOU THINK YOU WOULD KNOW WHEN AND HOW TO REFER A PATIENT FOR GENOMIC MEDICINE INPUT?



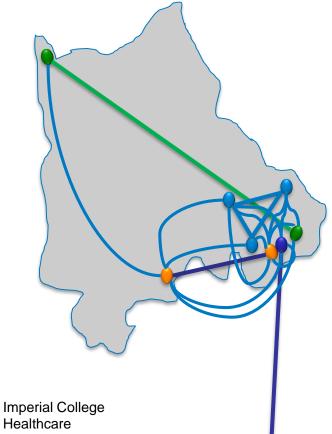
### 100,000 Genomes Project





#### West London Genomic Medicine Centre





Royal Marsden

Chelsea & Westminster

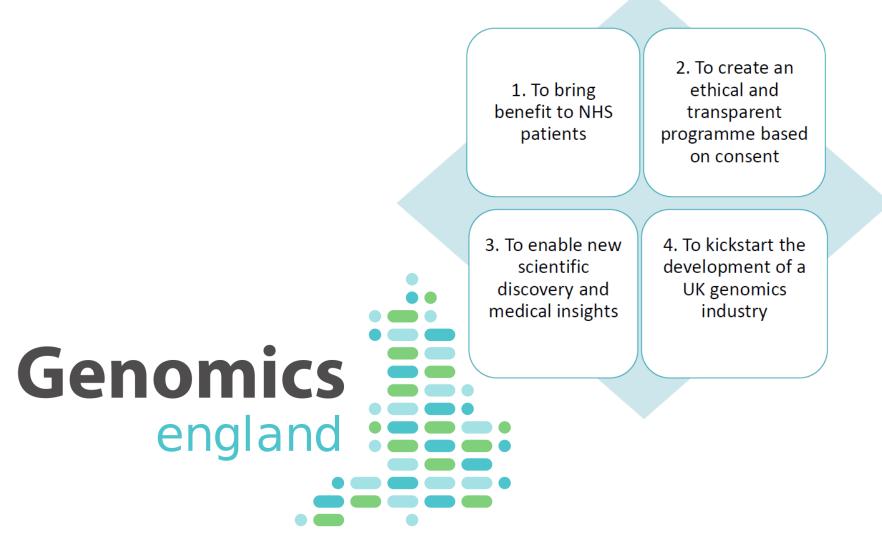
Royal Brompton & Harefield Serving a population of 2.5 million Covering boroughs of:

- Kensington
- Chelsea
- Hammersmith & Fulham
- Sutton
- Hillingdon



### 100,000 Genomes Project

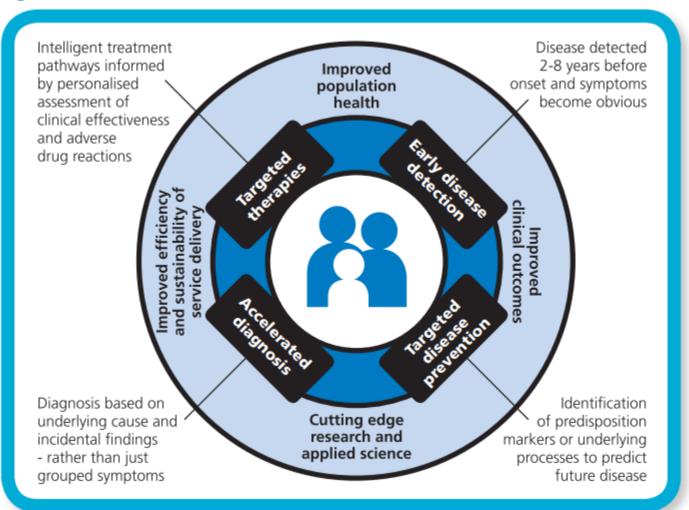




# Personalised medicine



Figure 3

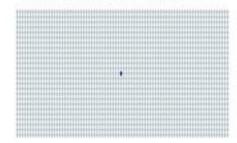


# Imperial College Healthcare

### Why rare disease?

#### **Rare diseases: facts and figures**

The UK defines a 'rare disease' as one that affects 1 in 2,000 or less of the population...



In total, that's about 3 million people currently in the UK who will be affected by a rare disease



© National Genetics and Genomics Education Centre

and the second

... so, collectively, rare disease will affect 1 in 17 of the population at some point in their life



50% of newly diagnosed cases of rare diseases are in children



There are between 5,000 and

different rare diseases...

... and 80% of them have a known genetic origin



🎔 @genomicsedu 🛛 🛛 www.genomics

### Why cancer?



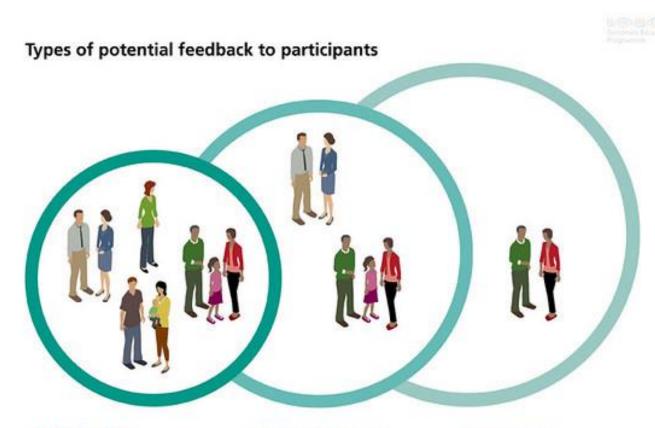
- Collectively the UK's largest killer
- 360,000 diagnoses every year
- 160,000 deaths
- Genomic disease

"Cancer is a disease of disordered genomes: acquisition of serial genomic mutations results in progressive escape from the mechanisms that regulate cell division, leading to tumourigenesis, invasiveness, and metastasis"

Garraway LA, Lander ES. Lessons from the cancer genome. Cell2013;153:17-37



### Types of feedback



#### Main findings

All participants agree to receive results about the main condition for which they were referred

#### Additional findings

Participants can opt in to receive feedback on a selection of known genetic alterations of high clinical significance

#### **Carrier** status

Eligible adults can opt in to find out their carrier status for certain genetic diseases

f /genomicsedu

#### **Additional Findings (AFs)**



A carefully curated set of known pathogenic variants in selected genes:

- 1. Health-related AFs: genes which cause a disease which can be treated/screened for
- 2. Reproductive AFs: genes which cause severe disease in offspring

NB NOT incidental findings: these are defined as being anything which is neither 'main' nor 'additional', and won't be reported, eg Variants of Unknown Significance (VUS), non-paternity (if not clinically relevant), health-related but non-actionable

#### **Additional Findings (AFs)**



Bowel cancer predisposition: MLH1 (adult only)

MSH2 (adult only)

MSH6 (adult only)

APC (adult and child)

MUTYH (adult only)

Breast and ovarian cancer predisposition: BRCA1 (adult only) BRCA2 (adult only)

Other cancer predisposition: VHL (adult and child) MEN1 (adult and child) RET (adult and child)

Familial hypercholesterolaemia: LDLR (adult and child) APOB (adult and child) PCSK9 (adult and child)

Autosomal recessive carrier status: CFTR (Cystic fibrosis) The list will change as new evidence and technical know-how are available

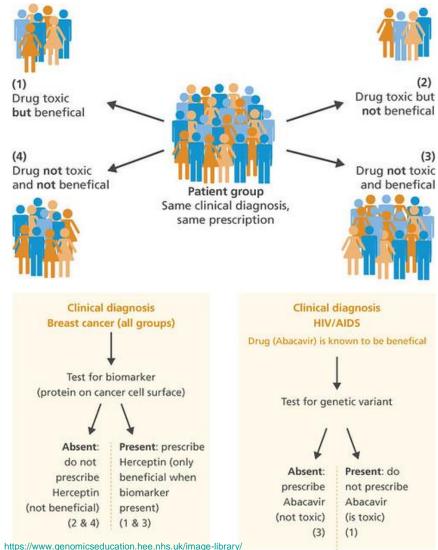
Results will be issued separately (later) than main findings

The chance of getting an AF is probably < 1 in 100

'Broad consent' aims to establish whether the participant wants this type of information or not; they can opt in or out of AFs at any time



### Types of feedback - Pharmacogenomics



The use of genetic and genomic information to tailor pharmaceutical treatment to an individual



### **Return of results**

The West London Genomic Medicine Centre teams are currently working through the results from the 100,000 Genomes Project and expect to return results to consultants by the end of March 2020



# **Patient story**





https://www.genomicsengland.co.u k/about-genomicsengland/participant-stories/



## **Genomic Medicine Service**

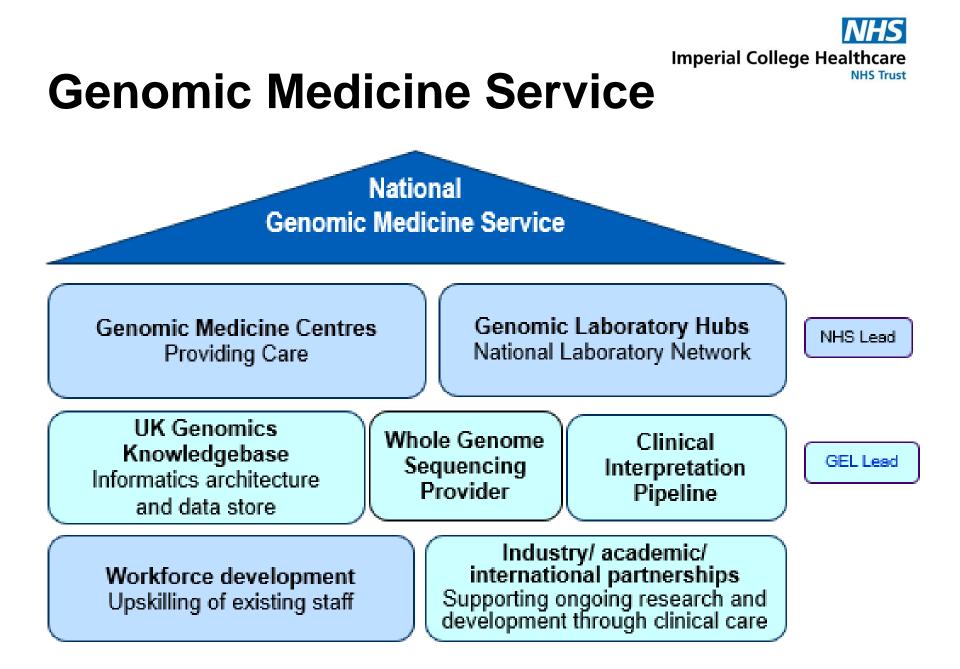
In response to the success of the 100,000 Genomes Project, the NHS has launched the the National Genomic Medicine Service in 2019. The aims of this service are to:

- Provide **equity of access** across England to the full range of clinically appropriate genomic & genetic tests
- Standardise testing for all patients
- Keep the NHS up to date with an annual review of available genetic and genomic tests, increasing the number of conditions eligible for Whole Genome Sequencing



# Key elements

- 1. A national genomic laboratory service through a network of **Genomic Laboratory Hubs**
- 2. A new National Genomic Test Directory to underpin the genomic laboratory network
- 3. A national **Whole Genomic Sequencing** provision and supporting informatics infrastructure developed in partnership with Genomics England
- 4. A clinical genomics medicine service and an evolved Genomic Medicine Centre service
- 5. A national co-ordinating and oversight function within **NHS England (Genomics Unit)**





#### London North Genomic Laboratory Hub





# What does this mean for patients?

Whole genome sequencing has the potential to:

- Transform rare disease patients' lives through faster diagnosis, rather than years of uncertainty ('diagnostic odyssey')
- Matching people to the most effective medications and interventions, reducing the likelihood of adverse reactions
- Increase the number of people surviving cancer each year through more accurate diagnosis and more effective use of therapies



#### National genomic test directory

- The National Genomic Test Directory specifies which genomic and genetic tests are commissioned by the NHS, the technology by which they are available and patient eligibility
- There are 21 rare disease indications eligible for whole genome sequencings
- There are a small number of cancers eligible for whole genome sequencing. These include:
  - All paediatric tumours
  - Most sarcomas
  - Acute leukaemias

Available: <u>https://www.england.nhs.uk/publication/national-genomic-test-directories/</u>



#### **Eligible rare disease indications**

Clinical Indication Ultra-rare and atypical monogenic disorders Congenital malformation and dysmorphism syndromes - microarray and
Congenital malformation and dysmorphism syndromes - microarray and
sequencing
Intellectual disability – microarray, fragile X and sequencing
Hypotonic infant with a likely central cause
Skeletal dysplasia
Rare syndromic craniosynostosis or isolated multisuture synostosis
Neonatal diabetes
Likely inborn error of metabolism - targeted testing not possible
Hereditary ataxia with onset in adulthood
Hereditary ataxia with onset in childhood
Early onset or syndromic epilepsy
Childhood onset hereditary spastic paraplegia
Arthrogryposis
Other rare neuromuscular disorders
Cerebellar anomalies
Holoprosencephaly - NOT chromosomal
Hydrocephalus
Cerebral malformation
Severe microcephaly
Childhood onset leukodystrophy
Cystic renal disease

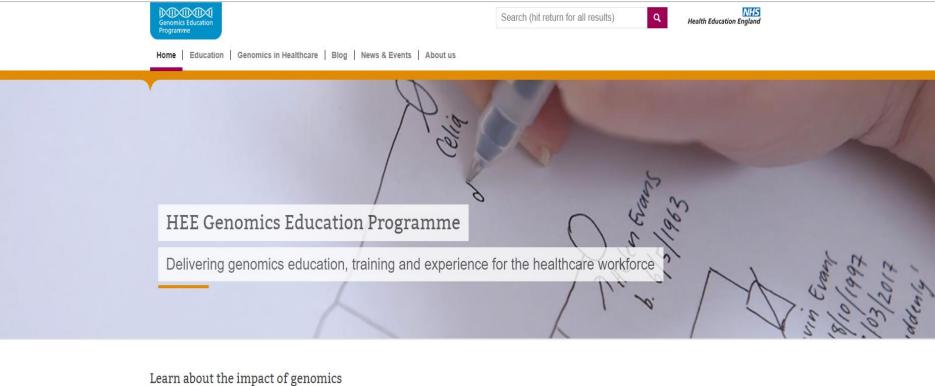


#### **Commissioning arrangements**

- Most Rare and Inherited Disease genomic testing is funded directly by specialised commissioning
- Cancer genomic testing is funded from within tariff as part of the cost for diagnostic and imaging services
- WGS will be funded directly by NHS England
- Charging arrangements for tests associated with Highly Specialised Services should remain unchanged until 31<sup>st</sup> March 2020
- Funding for genomic testing is expected to be standardised from 1<sup>st</sup> April 2020

#### **Educational resources**



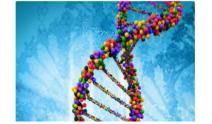


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#### FEATURED PROFESSION



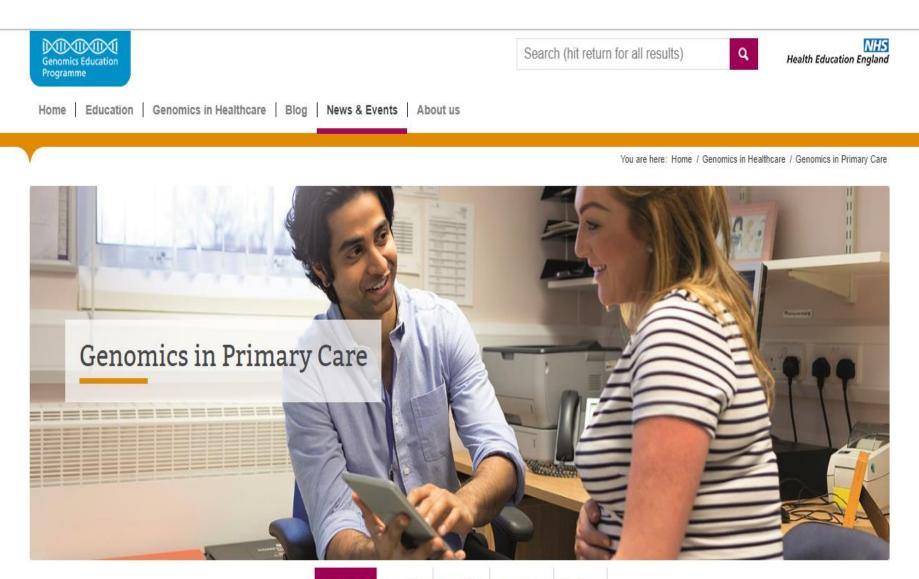




ENTRY-LEVEL COURSE



#### **Educational resources**



NHS

**NHS Trust** 

Imperial College Healthcare



# NHS long term plan

- Genomics has been identified as a priority in the NHS Long Term Plan and the NHS People Plan (2019) and the Topol Review (2019)
- Imperial College Healthcare NHS Trust is committed to working closely with our colleagues in Primary Care and Public Health



"Genomics will become integral to all medical specialties. While some aspects will remain with highly specialised professionals, many will become mainstream and embedded in routine healthcare delivery. The health workforce will play a key role in ensuring that genomic technologies are efficiently, appropriately and equitably deployed, so that individuals can understand how genetics can affect their health."

- Topol review



### Thank you