

# Welcome to our mini open day celebrating 200 years of Charing Cross Hospital







HELPING OUR HOSPITALS DO MORE

## Entertainment

#### Costa Coffee seating area, ground floor

Choir performance from Melcombe Primary
School
Performer Annie Reilly singing songs from
years gone by
Sketch Dance Company presents Equilibrium
Staff orchestra Medico

### **Tours**

All tours start from the welcome desk at the main entrance of the hospital, at 15.45, 16.45 and 17.45. Make sure you register for a tour at the welcome desk as spaces are limited.

**Radiotherapy - an insight into what happens:** a general guide to radiotherapy including a 3D virtual experience of a linear accelerator.

**Marjory Warren acute medical unit (AMU):** Charing Cross Hospital has a proud heritage of caring for older, frail patients and continues to build and innovate with its strong, specialist medicine for the elderly team. Tours of our acute medical facility which has seen recent investment will be led by senior nurse Tim Rich and ward manager Di Belshaw.

**The actors' hospital: a change of scene:** a walking history tour of Charing Cross Hospital, looking back over 200 years.

**RAPID access pathway:** tour our one-stop service for men with suspected prostate cancer, which has reduced diagnosis times from six weeks to just one week.

# **Other highlights**

Take a look round **Imperial Health Charity's anniversary garden**, built especially to mark 200 years of Charing Cross Hospital. The garden has been specially designed for patients with dementia and those recovering from other neurological conditions. Opened by the comedian Mark Thomas earlier this month, the garden will provide a safe and quiet space for patients to enjoy outside the hospital doors. The project was led by Imperial Health Charity's arts team, which also manages an Arts Council accredited hospital art collection, including many wonderful works of art at Charing Cross. You can find the garden just behind the Marjory Warren acute medical unit.

Yesterday was World Stroke Day and, to commemorate this, an **exhibition of artworks** by stroke survivors as part of a rehabilitation programme run by Emelie Salford is available to view at the Imperial Stroke Centre, 9th floor. This exhibition has been supported by Imperial Health Charity.

# **Stands and activities**

#### In the parking bays near to Charing Cross sports club

• visit colleagues from the London Fire Brigade and have a sneak peak inside a fire engine!

#### Ground floor, main hospital building

- free health checks run by our dietetics team
- audiology including free hearing checks
- A&E including information about our redevelopment
- acute and specialist medicine
- stroke service
- radiotherapy
- Imperial Health Charity visit the Imperial Health Charity stand to pick up a free goody bag
- medicine for the elderly including hand grip tests between 15.30-16.00.

# **Education talks**

All education talks will take place in the Mary Cochrane lecture theatre, ground floor of the education centre. Please ask the welcome desk if you're unsure where to go.

#### 15.30 - medical work experience

- how to apply
- how to get the most from the week
- other valid work experience opportunities

#### 16.10 - apprenticeship opportunities

- getting into the NHS without experience: administration, science and therapies
- · apprentice to full time jobs with progression

#### 16.50 - routes into nursing and midwifery

- what if you're not planning to go to university
- career pathways

Today's mini-open day has been supported by Imperial Health Charity as well as our contractors Sodexo and Grundon.