



You will feel the camera blowing air into your tummy. This will make you feel full up and you might burp. This is OK.



It might feel strange. You can ask the doctor to stop. To do this raise your hand.

What happens next:



The doctor will talk to you before you go home.

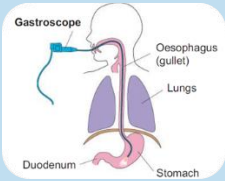


You need to be safe going home. Have a friend, carer or family member with you.

Having a gastroscopy



An easy read guide



A gastroscopy is a test that checks if your tummy is healthy.



A small thin tube with a camera inside, called a gastroscopy, is put in your mouth, down to your tummy.



A gastroscopy is done at hospital.

Usually you can go home the same day with a carer or friend.



Stop eating and drinking **6 hours** before your appointment.



You might be able to have some water. The doctor will tell you if you can.

You will need to change into a hospital gown.



We will check your blood pressure and heart rate.



We will give you a spray to make your throat numb so you cannot feel your throat.



A doctor might put a needle in your hand or arm so they can give you medicine to make you sleepy.



The doctor will gently put the camera in your mouth, then down your throat, into your tummy.

