

Gastroenterology

# St. Mark's solution - update

## Information for patients and carers

We are aware you might be finding it difficult to get glucose powder for making up St. Mark's solution. If you are unable to get the usual glucose powder we recommend using the alternative, glucose powder with vitamin C. This can be bought from supermarkets and pharmacies.

The glucose powder with vitamin C should be used in exactly the same way as the glucose powder for making up St Mark's solution.

If you have any further questions then please contact our Medicines helpline (Monday to Friday 9am to 5pm) on **020 3311 1703**.

Gastroenterology department

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