

## Cancer services

# Colorectal Open Access Follow-Up

## Information for patients, relatives and carers

You will be followed-up for 5 years, with tests taking place within Imperial College Healthcare NHS Trust. Results will be shared with both you and your GP within 2-3 weeks of the test(s) being completed.

- CEA blood test every 6 months
- CT scans every 6 months for the first two years, then yearly
- A colonoscopy will be booked in the first year and fourth year

## Signs and s Symptoms

Please contact us if you have any of the following:

- any new bleeding from the back passage, stoma or in the urine
- continuing pain that does not go away with usual painkillers
- any unexplained lumps, bumps or swelling around the scar or stoma
- a change in bowel habit that lasts for six weeks or more – especially if waking in the night with loose stools (poo)
- unexplained weight loss, lack of appetite, a constant feeling of nausea (feeling sick) or increase in waist measurement
- bleeding or discharge from the operation site
- any physical problem that interferes with daily life, e.g. fatigue, difficulty in sleeping or any new problem with sexual function

**If you have severe symptoms, such as heavy bleeding or severe and continuing abdominal (stomach) pain please contact your GP immediately or attend your local A&E department.**

OAFU contact: [Imperial.OAFUcolorectal@nhs.net](mailto:Imperial.OAFUcolorectal@nhs.net) Telephone: **020 3312 3426**

## How do I make a comment about my visit?

We aim to provide the best possible service and staff will be happy to answer any of the questions you may have. If you have any **suggestions** or **comments** about your visit, please either speak to a member of staff or contact the patient advice and liaison service (**PALS**) on **020 3312 7777** (10.00 – 16.00, Monday-Friday). You can also email PALS at [imperial.pals@nhs.net](mailto:imperial.pals@nhs.net) The PALS team will listen to your concerns, suggestions or queries and is often able to help solve problems on your behalf.

Alternatively, you may wish to complain by contacting our complaints department:

Complaints department, fourth floor, Salton House, St Mary's Hospital, Praed Street  
London W2 1NY

Email: [ICHC-tr.Complaints@nhs.net](mailto:ICHC-tr.Complaints@nhs.net)

Telephone: **020 3312 1337 / 1349**

## Alternative formats

This leaflet can be provided on request in large print or easy read, as a sound recording, in Braille or in alternative languages. Please email the communications team: [imperial.communications@nhs.net](mailto:imperial.communications@nhs.net)

## Wi-fi

Wi-fi is available at our Trust. For more information visit our website: [www.imperial.nhs.uk](http://www.imperial.nhs.uk)