



# Getting between Sites

## Hopper Bus

- Internal staff daily hopper buses operate on weekdays between our three main hospitals
- These operate roughly every 45-60 minutes on weekdays from 08:00 - 18:00
- The Schedule to these is available on the [intranet](#)
- If the timetable works, these are the most efficient and cost-effective method to get between each sit

## Public transport

- There are a number of public transport options between our main sites which range from the Underground

- If you do need to get an estimate of the time it will take you to travel between sites, we suggest using Google Maps, Apple Maps or Citymapper

## Cycling

A proportion of our workforce will cycle to work each day and we have secure bicycle parking at all of our main sites. Whilst London cycling infrastructure has improved massively over the last 10 years, there are still some very busy sections on roads which we would advise caution on. The [London Cycling Campaign](#) has more information on cycling particular with regards to online routing apps and tips for how to plan your journey.

## Getting to Western Eye from the other sites

There is no direct hopper bus to Western Eye but it is located fairly close to St Marys Hospital.

### **From SMH**

#### **Walking**

WEH is located a short 15 minute walk away from SMH. See the video on the website for the route!

#### **London Underground**

You can get the **Bakerloo line** to Marylebone and then walk the short distance from there

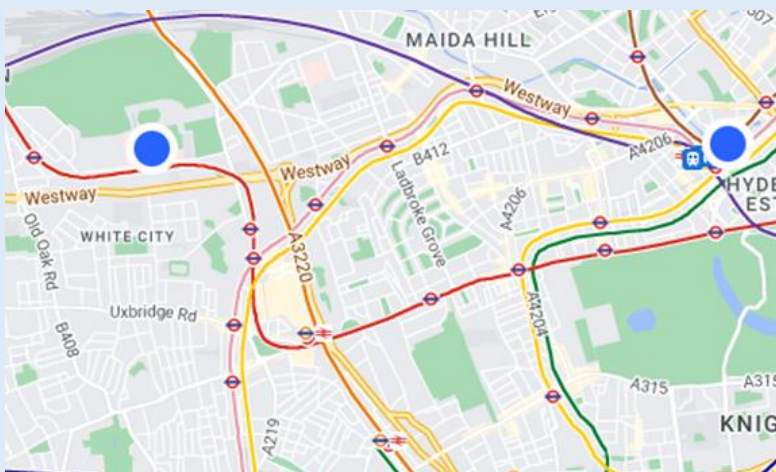
#### **Bus**

205 from stop P going towards Bow, alight at Marylebone station



# Getting between Sites

## Getting From St Mary's (SMH) to Hammersmith Hospital (HH)



### Public transport

#### London Underground

You are able to walk to Wood Lane station and catch the **Hammersmith and City Line** or **Circle Line** to Paddington. This is roughly a 15 minute walk and 10 minute train ride.

#### Bus

The 7 bus runs from one hospital to another. This route is quite dependent on traffic and can take between 30 – 45 minutes.

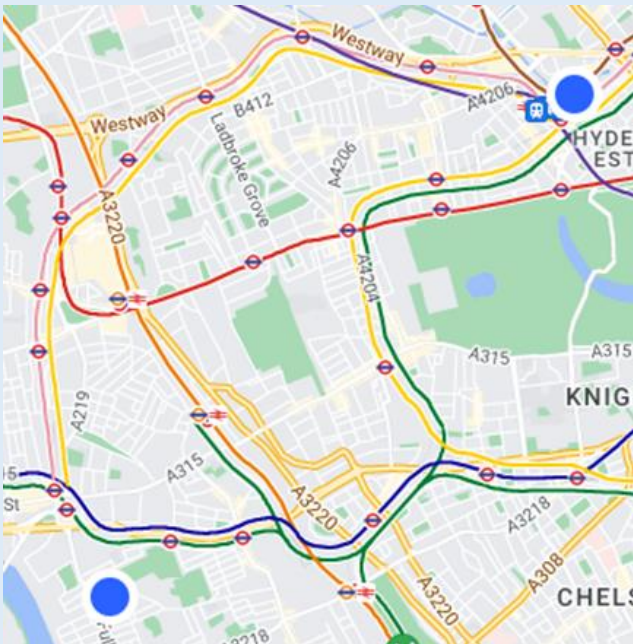
### Cycling

If you choose to cycle between these two sites, we would recommend cycling along the canal from the bridge at the top of Wormwood Scrubs as this has a marked cycle route. This takes around 20 minutes. Other alternative more direct routes are available and suggestions can be found [here](#)



# Getting between Sites

## Getting From St Mary's (SMH) to Charing Cross Hospital (CXH)



### Public transport

#### London Underground

The **District Line** runs to and from Paddington Underground Station towards Hammersmith or Barons Court where you should alight for the short walk to Charing Cross Hospital. The **Hammersmith and City Line** connects to Hammersmith Underground Station, the entrance to this line is behind the taxi rank.

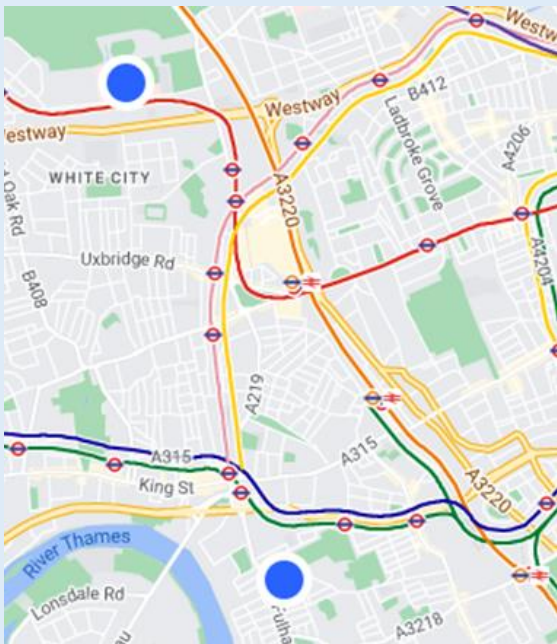
### Cycling

If you choose to cycle between these two sites, we would recommend some caution as the roads around Kensington & Chelsea can be very busy. The most direct and quietest routes can be found [here](#) and will take you across Hyde Park.



# Getting between Sites

## Getting From Charing Cross (CXH) to Hammersmith Hospital (HH)



### Public transport

#### London Underground

You are able to walk to/from Wood Lane station and catch the **Hammersmith and City Line** from Hammersmith. This is roughly a 5 minute walk and 10 minute train ride.

#### Bus

The 72 bus runs from one hospital to another. This route is quite dependent on traffic and can take between 20-30 minutes. The 283 also runs this way but take a significant amount of time longer as it goes the scenic route!

### Cycling

If you choose to cycle between these two sites, we would recommend following a similar path to the 72: cycling up Fulham Palace road to Hammersmith, continuing up to Shepherds Bush, past Wood Lane train station, over the A40 and left down Du Cane road. The majority of the route has cycle lanes but can be a little busy around Hammersmith and Shepherd's Bush. Alternative routes can be found [here](#)